

January 2009

Walgreens
EasySaver[®]
Catalog

Contains
up to **\$577**
in Savings!

Valid December 28, 2008
thru January 31, 2009

FREE After
Rebate
(up to \$10)

**On New Revlon Matte Collection
Cosmetic Products**



10% BONUS on All Rebates

When you choose a Walgreens Gift Card
instead of a rebate check!

EasySaver[®] Just Got Easier

Now submit your rebates at walgreens.com/easysaver.



instant value coupon
Good at Walgreens

Save \$1

On TWO (2) Lindt
Lindor Truffles, 8.5 oz.
Limit 2 items per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$1

On TWO (2) Valentine
M&M's, 9.9 to 14 oz.
Limit 2 items per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$1

On TWO (2) M&M's
Premiums, 6 oz.
Limit 2 items per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$1

On Russell Stover
Chocolates,
11.5 or 12 oz.
Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$1

On Whitman's
Sampler, 10 or
12 oz. Limit 1 item
per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$2

On M&M's Stand-Up
Pouches, 27 oz. and
Candyrific Dispenser
Limit 2 items per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



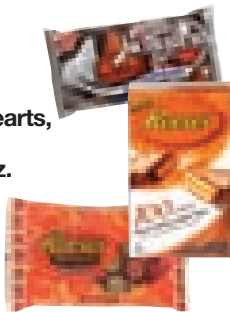
instant value **coupon**
Good at Walgreens

Save \$1

On **TWO (2) Reese's Hearts, 7.2 oz. or Hershey's Bag Candy, 8 to 9.31 oz.**

Limit 2 items per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value **coupon**
Good at Walgreens

Save \$1

On **Hershey's Valentine Heart Boxes, 8 oz.**

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



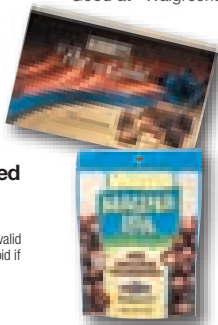
instant value **coupon**
Good at Walgreens

Save \$3

On **TWO (2) Hershey's Pot of Gold, 7.2 to 12 oz. or Mauna Loa Chocolate Covered Macadamia Nuts, 6 oz.**


Limit 2 items per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.

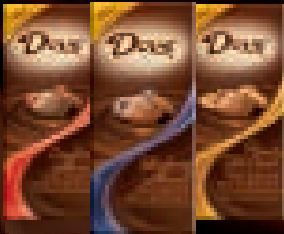


Expires 1/31/09

DISCOVER *indulgence*
THREE *times* OVER...



...with the only bar divided into three individually wrapped pieces. Delight in the taste of smooth DOVE® Chocolate combined with the most luxurious flavors.



®/TM trademarks ©Mars, Incorporated 2008



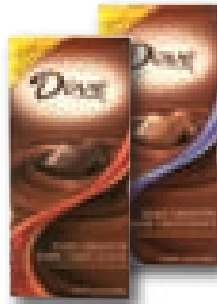
instant value **coupon**
Good at Walgreens

Save \$1

On **TWO (2) Dove Chocolate Bars, 3.53 oz.**

Limit 2 items per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$1

On TWO (2) Hershey's Bliss
8.6 to 9.6 oz., Cadbury
Miniatures 8.5 oz. or Reese's
Clusters 8 oz.

Limit 2 items per coupon.
Manufacturer coupons good only at Walgreens. Not valid
with any other offer. Customer pays any sales tax. Void if
copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$3

On TWO (2) Hershey's
Hugs & Kisses or
Reese's Hearts, 15 oz.

Limit 2 items per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

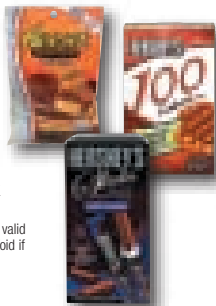
Save \$1

On TWO (2) Hershey's 100
Calorie 7 Pack, Twizzlers
6.93 oz., Sugar Free Candy
3 or 3.3 oz. or Sticks 9 Pack
Limit 2 items per coupon.

Manufacturer coupons good only at Walgreens. Not valid
with any other offer. Customer pays any sales tax. Void if
copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



TAKE THE
3PM SNACKDOWN™
CHALLENGE



YOU COULD
WIN
A CHANCE TO TRAIN WITH
BOB HARPER
CELEBRITY TRAINER

Enter at www.extra3pmsnackdown.com

NO PURCHASE NECESSARY TO ENTER OR WIN. VOID WHERE PROHIBITED. OPEN TO ALL LEGAL U.S. RESIDENTS OF THE 50 UNITED STATES (INCLUDING D.C.) WHO ARE AT LEAST 18 YEARS OF AGE AT TIME OF ENTRY AND HAVE A VALID E-MAIL ADDRESS AS OF 12/2/08. TO ENTER: Using the Official Entry Code found inside any Wrigley's Extra® or Extra® Fruit Sensations™ pack (excluding Cinnamon flavor), log on to www.extra3pmsnackdown.com (the "Web Site") between 12:00:01 a.m. ET on 12/2/08 and 11:59:59 p.m. ET on 4/30/09 and follow the instructions. OR to get a free Official Entry Code, visit the Web Site and follow the instructions. Limit one (1) Game play per person, per e-mail address per day, subject to the "Limited Second Chance Drawing" in the Full Official Rules. Approximate Retail Value (ARV) of Grand Prize \$9,125.00. Odds of winning the Grand Prize 1:12,960,000. ARV of all prizes \$41,150.00. Odds of winning any prize 1:85,828. Visit Web Site for prize details and Full Official Rules. SPONSOR: Wm. Wrigley Jr. Company, Chicago, IL 60611. All rights reserved. © 2008 Wm. Wrigley Jr. Company. Extra, Fruit Sensations, 3PM Snackdown and Polar Ice are trademarks of the Wm. Wrigley Jr. Company.



instant value coupon
Good at Walgreens

Save 99¢

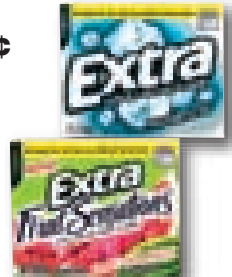
On THREE (3) Wrigley's
Extra Gum, 15 Pieces

Limit 3 items per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100c.



Expires 1/31/09





instant value coupon
Good at Walgreens

Save \$1

On Lipton Regular or Diet
Green Tea 12 Pack or Aquafina
24 Pack, 16.9 oz. Bottles
Limit 1 item per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save 50¢

On Welch's 100%
Grape Juice, 64 oz.
Limit 1 item per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$1

On Adora Dark
Chocolate Calcium
Supplement, 30 Pack
Limit 1 item per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$6

On TWO (2) Starbucks
Chocolates, 3.5 to 4.23 oz.
Limit 2 items per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$1

On TWO (2) Palmer Candy
Lover's Gusset Bags,
30 oz. or Hook, Line and
Sinkers, 18 oz.
Limit 2 items per coupon.
Manufacturer coupons good only at Walgreens. Not
valid with any other offer. Customer pays any sales tax.
Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$1

On TWO (2) Mars
100 Calorie Bars, 7 Pack
Limit 2 items per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$1

On Playtex Gentle Glide
18 to 28 Pack or Sport
16 Pack Tampons or Petals
Cleansing Cloths 16 Pack
Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$5

On K-Y yours+mine, 2 Pack,
1.5 oz. ea.. Intrigue or
Intrigue Heat, 2.75 oz.
Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$5

On Stuart Prenatal
Vitamins, 100 Pack
Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09

Try these great **new** products from



The maker of the best-selling
Lansinoh HPA® Lanolin

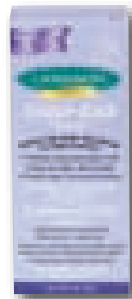


instant value coupon
Good at Walgreens

Save \$2

On Lansinoh Diaper
Rash Ointment, 3 oz.
Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$5

On Lansinoh Manual
Breast Pump
Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$2

**On Cetaphil DailyAdvance
Ultra Hydrating Lotion, 8 oz.**
Limit 1 item per coupon.



Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$3

**On Cetaphil UVA/UVB
Defense Lotion, 1.7 oz.**
Limit 1 item per coupon.



Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$2

**On Any Banana Boat
Product, 3 to 8 oz.**
(excludes lip and after sun wipes)
Limit 1 item per coupon.



Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$1

**On Nivea Body Lotion or
Creme, 6.8 to 13.5 oz.**
Limit 1 item per coupon.



Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$1

**On Curel Lotion,
3.5 to 13 oz.**
Limit 1 item per coupon.



Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$2

**On Any Hawaiian
Tropic Product
(excludes lip)**
Limit 1 item per coupon.



Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$1

On Jergens Lotion,
10 to 21 oz.
(excludes Natural Glow)

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$2

On Garnier Fructis Hair
Care, 2 to 13 oz.
(excludes deep conditioner, 10.2 oz.,
Serum, 5.1 oz. or Treatment, 4.2 oz.)

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$2

On bioINFUSION Professional
or Organics Shampoo or
Conditioner, 8.5 to 13.5 oz.

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$10

On Rogaine 3 Pack,
90 Day Supply
Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$4

On TWO (2) L'Oreal Vive
Pro Hair Care, 1.7 to 13 oz.
Limit 2 items per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$1

On Edge Eclipse, Vault
or Energy Shave Gel, 7 oz.
Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09





instant value coupon
Good at Walgreens

Save \$1.50

On Poligrip Denture Adhesive
Cream, 2.2 or 2.4 oz.
or Strips, 40 Pack

Limit 1 item per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$1.50

On Polident Denture
Cleanser Tablets,
78 or 84 Pack

Limit 1 item per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$2

On izap Toothbrush
Sanitizer

Limit 1 item per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$2

On Orajel Advanced
Tooth Desensitizer,
.34 oz.

Limit 1 item per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$4

On Natural Dentist
Healthy Gums Daily
Oral Rinse, 16 oz.

Limit 1 item per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$2

On Aquafresh Extreme Clean,
Advanced or White & Shine
Toothpaste, 5.6 or 6 oz.
Limit 1 item per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$2

On L'Oreal Couleur Experte
or Preference Dream
Blonde Hair Color

Limit 1 item per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$5

On TWO (2) L'Oreal
Feria Hair Color

Limit 2 items per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100c.



Expires 1/31/09



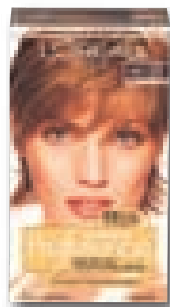
instant value coupon
Good at Walgreens

Save \$5

On TWO (2) L'Oreal
Preference Hair Color
(excludes Dream Blonde)

Limit 2 items per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$3

On Garnier Nutritioniste
Skin Care

Limit 1 item per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100c.



Expires 1/31/09



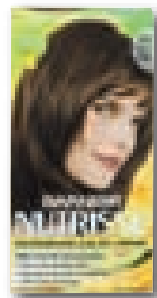
instant value coupon
Good at Walgreens

Save \$2

On Garnier Nutrisse
Hair Color

Limit 1 item per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$3

On c. Booth Body
Lotion, 32 oz.

Limit 1 item per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$2

**On Similasan Children's
Earache Relief or Ear Wax
Relief or Ear Drops, .33 oz.**

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$2

**On Miracle Anti-Fungal
Treatment 1 oz., Foot
Repair with Aloe 8 oz. or
Heel Repair 4 oz.**

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$1

**On CharcoCaps
Homeopathic Antigas
Formula, 36 Pack**

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$3

**On Citrucel Chocolate/
Caramel Soft Chews,
60 Pack**

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$2

**On Dulcolax Suppositories,
4 Pack or Tablets or
Liquid Gels, 25 Pack**

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$2

**On Thera-gesic Pain
Relieving Creme,
3 oz.**

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$3

**On Viactiv Soft Chews
or Flavor Glides,
60 to 110 Pack**

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$7

**On Ocean Saline
Complete, 6 oz.**

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$3

**On Comtrex Cold &
Cough Day & Night
Caplets, 20 Total**

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$2

**On TWO (2) 6 Packs
Walgreens Regular or Plus
Nutritional Drink, 8 oz.**

Limit 2 items per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$3

**On Contac Cold & Flu,
Day & Night Caplets, 16
Day and 12 Night Caplets**

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$2

**On Nausezene Chewables
for Nausea, 50 Pack**

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09

NEW

Sambucol

BLACK ELDERBERRY IMMUNE SYSTEM SUPPORT

Sambucol Black Elderberry Cold & Flu Relief Tablets

Combining the power of Elderberry with potent ingredients to shorten the severity and duration of cold & flu symptoms.



- homeopathic formulation
- non-drowsy
- no known drug interactions
- no known side effects

Take at the first sign of cold & flu symptoms

W instant value coupon
Good at Walgreens

Save \$5

On Sambucol Cold & Flu Relief, 30 Tablets
Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



0 00000 05636 6 Expires 1/31/09

W instant value coupon
Good at Walgreens

Save \$2

On Ecotrin 81 mg. Low Dose 150 Pack, Arthritis Strength 75 Pack or Regular Strength 125 Pack
Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.




0 00000 05637 3 Expires 1/31/09

W instant value coupon
Good at Walgreens

Save \$3

On Digestive Advantage, 32 Pack or Sustenex, 30 Pack
Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.






0 00000 05634 2 Expires 1/31/09

W instant value coupon
Good at Walgreens

Save \$3

On Schick Quattro Cartridges, 8 Pack
Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.




0 00000 05527 7 Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$2

On Eucerin Lotion
or Creme,
14 to 16.9 oz.
Limit 1 item per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied



Expires 1/31/09

Nature Made Sleep™
NATURAL SLEEP AID
100% DRUG FREE

30 LIQUID
SOFTGELS

• Natural Ingredients
Proven to Relax and
Promote Sleep



instant value coupon
Good at Walgreens

Save \$2

On Nature Made
Sleep Liquid Softgels,
30 Pack
Limit 1 item per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$1

On TWO (2) SoBe
Life Water, 20 oz.
Limit 2 items per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$3

On Breathe Right
Nasal Strips, 12 Pack
Limit 1 item per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$3

On Lactaid Fast Act
Caplets or Chew Tabs,
60 Pack
Limit 1 item per coupon.

Manufacturer coupons good only at
Walgreens. Not valid with any other offer.
Customer pays any sales tax. Void if copied
or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$1

On Motrin IB, 100 to 225 Pack or Tylenol PM, 80 to 150 Pack

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$3

On Walgreens Cold/Flu Relief Liquid 2 Pack, 10 oz. ea.

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$2

On Mucus Relief PE or DM, 240 Tablets

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100c.



Expires 1/31/09

Choose Your Rebate Savings in the form of a

Gift Card



and get a **10% Bonus**

How Do I Use My Gift Card?

You can use the card toward any purchase in any Walgreens store – from prescriptions to pantyhose. You can even recharge the card up to \$250! Each month Walgreens will apply your rebate savings to your Gift Card if you write down the customer number located on the back of the card and mail it with your submission.

How to Get Your Rebate Savings

- 1) Register receipts must be dated between December 28, 2008 and January 31, 2009.
- 2) Please have your submissions postmarked by Saturday, February 7, 2009.
- 3) Please indicate your rebate amount in the Earnings column of the TOTAL EARNINGS SHEET.
- 4) Include your TOTAL EARNINGS SHEET and CUSTOMER INFORMATION FORM along with your original Walgreens register receipt(s), your Rebate purchases(s) circled with the Offer Number(s) written next to the price in one mailing.

Our Rebate Policy

Please note that only one submission is accepted per month and only one rebate will be issued per family, individual, household, address or envelope. No photocopied, altered, substitute, invalid, counterfeit or non-Walgreens receipts will be accepted. No item(s) submitted for rebate that has already been returned to any of our stores will be processed. Offers open to United States addresses only. All submissions become the property of the EasySaver catalog and will not be returned. Allow 8 to 10 weeks for delivery of your rebate after submission is received. Walgreens, its affiliates or agents, are not responsible for mail not received as a result of loss, damage or delays by the U.S. Post Office. Any disputes of the validity of a submission will require you to provide a photo copy of your entire submission, including register receipts and submission forms, which will be subject to review. These tips and guidelines are provided to deter possible fraudulent activity. Fraudulent submissions could result in federal prosecution under mail fraud statutes (Title 18, United States Code, Sections 1341 and 1342).

Please keep a copy of your entire submission for your personal records.

Total Earnings Sheet

Offer Name of Product Purchased	Rebate	Total Qty.	Earnings
1 FREE! Orajel Cold Sore Brush or 8 Pack Patches	up to \$8.49	1	
2 FREE! AutoExpressions Vent Fresh Elite Auto Air Freshener	up to \$4.99	1	
3 FREE! Revlon Matte Collection Makeup	up to \$10	1	
4 Right Guard Professional or Dry Idea Clinical	\$3	1	
5 Gaviscon Tablets 100 Pack, Phazyme 100 Pack or Tagamet 30 Pack	\$5		
6 Prilosec OTC, 42 Pack	\$3	1	
7 Walgreens Nicotine Patches, 14 Pack	\$15	1	
8 Walgreens Nicotine Gum 100 or 110 Pack or Lozenges 72 Pack	\$15	1	
9 Walgreens Allergy, Cough, Cold or Pain Products*			
Buy 3 Walgreens Products*	\$5		
Buy 5 Walgreens Products*	\$10		
10 Walgreens by HoMedics Blood Pressure Monitors	\$10		
11 Walgreens Neti Pot or Refill Packets	\$5	1	
12 Duracell Coppertop Batteries*	up to \$12		
13 Energizer Energi to Go Cell Phone Charger or Portable Power for iPod	\$5		
14 Buy Green Dot Visa, MasterCard or Student Pak Prepaid Visa Card	\$5 on Activation Fee	1	
15 Inkjet Black or Color Cartridge Refills	\$5	1	
16 Buy \$20 of Energizer Batteries*	Workout Bag & Towel		
17 Disney Winnie the Pooh Humidifier	\$5	1	
18 Walgreens Cool Mist Ultrasonic Humidifier, 1.2 Gallon	\$5	1	
19 Sunbeam Warming Throw	\$5	1	
20 Portable Ceramic Heater or Heater Fan	\$5		
21 Pivoting Tower or Whisper Quiet Heater Fan	\$10		
22 Wexford Oil-Filled or Radiant Heater	\$10		
23 Ceramic Tower or Space Saving Heater	\$10		
24 Scrubbing Bubbles Automatic Shower Kit	\$5	1	
25 Choice of Glade*	\$1		
26 Ultra Tuf Trash Bags, 10 to 36 Pack	\$1	1	
27 Simply Rest Twin or Queen Size Air Bed	\$20		
28 Glade Wisp Flameless Candle	\$2	1	

Offer Name of Product Purchased	Rebate	Total Qty.	Earnings
29 Buy \$15 in Kraft Participating Products*	\$5		
30 Buy \$10 in CocoaVia Chocolate Bars, 5 Pack	\$5		
31 Electrasol Gelpacs, 20 Pack or Jet Dry, 8.45 oz.	\$1.50	1	
32 Airwick Lumin Air Flameless Candle	\$3	1	
33 Buy \$15 of Mars Minis, 8 to 21 oz. or M&M's 9.9 to 14 oz.	FREE Candy Dish		
34 Pine Mountain Crackle or Superlogs, 6 Pack	\$5	1	
35 Peak Ready Use Antifreeze, 1 Gallon	\$2	1	
36 Polaroid I835 or I1035 Digital Camera	\$30		

January Rebate Book \$



QUESTIONS? Call toll-free 1-888-324-3028 between 7 a.m. and 7 p.m. Central Standard Time, 7 Days a Week!



Some items not available in Hawaii

*** See Offer Inside the Catalog for all the sizes and varieties that apply to this offer**

Fixed Gift Card offers are excluded from the 10% bonus.



Check here if you would like to receive promotional e-mails from walgreens.com. By providing your e-mail address you will only be contacted by Walgreens. Walgreens will not share or sell your e-mail address to any third parties.

Customer Information



NEW! NOW THERE ARE 2 WAYS TO GET YOUR REBATES

You can submit your rebates online. Go to www.walgreens.com and click EasySaver® Catalog **OR** submit your rebate by mail.

When submitting by mail, don't forget to:

- Send original, dated Walgreens cash register receipts
- Circle rebate item and price for the items purchased
- Write offer number next to price
- Check for additional requirements

NOTE:



- 1) Please do not send UPC codes unless specifically asked to do so on individual products.
- 2) Please do not staple anything in your submission.
- 3) You can use your own address labels instead of filling out the form.

Telephone number is required for the automatic IVR (Interactive Voice Response) system, which allows you to track your rebate status. This number will not be used for any other purpose. Walgreens may use the address information you provide to send you other offers from us or our marketing partners. If you do not wish to receive these offers, please call 1-888-324-3028.



Whether you submit your rebates online or by mail you can track your rebates: Visit www.walgreens.com/easysaver and click on rebate status.



QUESTIONS? Call toll-free 1-888-324-3028 between 7 a.m. and 7 p.m. Central Standard Time, 7 Days a Week!

WALGREENS SPEAKS YOUR LANGUAGE
WalgreensEspañol.com

* Some items not available in all stores

Customer Information

Please fill out all (required*) areas to ensure proper delivery of your check or Gift Card. PRINT CLEARLY USING BLACK OR BLUE INK.

*First Name

*Last Name

*House Number *Apt Number

*Street Name

*City

*City (con't) *State *Zip

*Phone Number

E-Mail Address

By providing your e-mail address above, you will receive an e-mail confirmation that your request has been received and when it has shipped.



Check here for your Walgreens Gift Card

If you have already received your Rebate Savings in the form of a Gift Card, please fill in the remaining 14-digit customer number found on the back of the Gift Card below. **PLEASE DO NOT** mail the Gift Card back for your refund to be added.

6	0								

Please print clearly. Any error will result in receipt of a new Gift Card.



When you enter your Walgreens Gift Card number, you are authorizing the value of this rebate to be reloaded onto your existing card.

MAIL TO: Walgreens/January 2009
EasySaver® Catalog Offer #439-109
P.O. Box 200012
El Paso, TX 88520-0012

Please have your submission postmarked by Saturday, February 7, 2009



instant value coupon
Good at Walgreens

Save \$1

On Walgreens Vaporizing Chest Rub, 3.53 oz. or Baby Chest Rub, 1.76 oz.

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$1

On Walgreens Ibuprofen Tablets or Caplets, 50 Pack

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



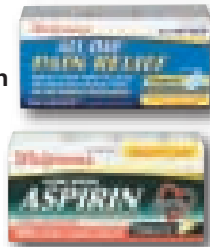
instant value coupon
Good at Walgreens

Save \$2

On Walgreens All Day Pain Relief, 200 Pack or Low Dose Aspirin, 300 Pack

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



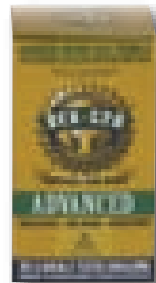
instant value coupon
Good at Walgreens

Save \$5

On DEX-C20 Advanced Capsules, 30 Pack

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



instant value coupon
Good at Walgreens

Save \$4

On Glade Lasting Impressions Kit, 1.4 oz.

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



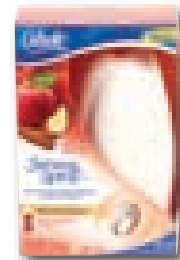
instant value coupon
Good at Walgreens

Save \$4

On Glade Sense & Spray Kit, .43 oz.

Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



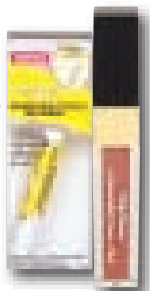
Expires 1/31/09

W instant value coupon
Good at Walgreens

Save \$1

On Sally Hansen QuickCare Treatment Pens or Lip Inflation Color-Full Lips Limit 1 item per coupon.

Manufacturer coupons good only at Walgreens. Not valid with any other offer. Customer pays any sales tax. Void if copied or where prohibited. Cash value 1/100¢.



Expires 1/31/09



2 WAYS TO GET YOUR REBATES

ONLINE – Go to www.walgreens.com and click EasySaver Catalog

BY MAIL – Don't forget to send original, dated Walgreens cash register receipts with the rebate item, price circled and the offer number written by price. Please check for any additional requirements.

1 FREE After Rebate



Orajel Medicated Cold Sore Brush, .05 oz. or Overnight Cold Sore Patches, 8 Pack

Purchase ONE (1). **Rebate Limit up to \$8.49.**
Sales tax is non-refundable.

2 FREE After Rebate

AutoExpressions Vent Fresh Elite Auto Air Freshener

Purchase ONE (1). **Rebate Limit up to \$4.99.**
Sales tax is non-refundable.



3 FREE After Rebate

Revlon Matte Collection Lipstick, Eyeshadow, Blush or Pencil

Purchase ONE (1). **Rebate Limit up to \$10.**
Sales tax is non-refundable.



4 \$3 Rebate

\$3 in savings!

Right Guard Professional or Dry Idea Clinical Strength Anti-perspirant Deodorant, 1.8 oz. or 6 oz.

Purchase ONE (1). **Rebate Limit \$3.**



5 \$5 Rebate

\$5 in savings!

Gaviscon Chewable Tablets 100 Pack, Phazyme 100 Pack or Tagamet 200 mg. 30 Pack

Purchase ONE (1).
Rebate Limit of THREE (3)
for up to \$15 in savings!



QUESTIONS? Call toll-free
1-888-324-3028
between 7 a.m. and 7 p.m.
Central Standard Time, 7 Days a Week!

6 \$3 Rebate

\$3 Rebate with purchase of any Prilosec OTC® 42 ct.



It's possible with Prilosec OTC®. Use as directed for 14 days to treat frequent heartburn.

\$3 in savings!

Look In-Store for the Prilosec OTC 42 Pack BONUS PACK* with Toughest NFL Rivalries DVD While Supplies Last.

Purchase ONE (1). **Rebate Limit \$3.**

* Not available in all stores

7 \$15 Rebate

\$15 in savings!

Walgreens Nicotine Patches, 14 Pack

Purchase ONE (1).
Rebate Limit \$15.



8 \$15 Rebate

\$15 in savings!

Walgreens Nicotine Gum 100 or 110 Pack or Lozenges 72 Pack

Purchase ONE (1).
Rebate Limit \$15.



It pays to shop smart.



Walgreens brand products deliver the same high quality as the national brands, but they cost considerably less. And when you buy these great items in January, you'll get even more for your money.

Receive a **\$5 rebate** with the purchase of **any three (3)**: Featured Cough & Cold, Allergy, Pain Relief and Sleep Aid products
OR **Buy 5, Get a \$10 rebate.**

9 up to \$10 Rebate

up to \$10 in savings!

Walgreens Allergy, Cough, Cold or Pain Products

• Buy 3, Get \$5 • Buy 5, Get \$10

Rebate Limit up to \$10.

Allergy, Cold or Sinus Relief

- Mucus Relief, 30 Pack
- Wal-born, 8 or 10 Pack
- Wal-flu Liquid, 8.3 oz. or Packets, 6 Pack
- Children's Plus Liquid, 4 oz.
- Cold/flu Liquid, 10 oz. or Liquicaps, 20 Pack
- Cough/Cold Sore Throat or Multi-Symptom Liquid, 8 oz.
- Wal-tussin, 4 oz.

Wal-phed® or Wal-dryl®

- Wal-phed, 24 Pack
- Wal-phed PE, 18 Pack
- Wal-dryl, 24 Pack

10 **\$10 Rebate**

\$10 in savings!

Walgreens by HoMedics Automatic Ultra Deluxe, Deluxe Inflate or Wrist Blood Pressure Monitor

Purchase ONE (1). Rebate Limit of FOUR (4) for up to \$40 in savings!



11 **\$5 Rebate**

\$5 in savings!

Walgreens Neti Pot Kit or 100 Refill Packets

Purchase ONE (1). Rebate Limit \$5.



12 **\$3 Rebate**

up to **\$12 in savings!**

Duracell Coppertop Batteries

Purchase ONE (1). Get \$3.
• 16 Pack AA or AAA
• 8 Pack C or D • 4 Pack 9 Volt
Rebate Limit of FOUR (4) for up to \$12 in savings!



13 **\$5 Rebate**

\$5 in savings!

Energizer Energi To Go Cell Phone Charger or Portable Power for iPod

Purchase ONE (1). Rebate Limit of TWO (2) for up to \$10 in savings!



14 **\$5 Rebate on Activation Fee**

\$5 in savings!

Buy Green Dot Visa, MasterCard or Student Pak Prepaid Visa Card, Get \$5 Back by Mail Off Activation Fee (excludes NASCAR Visa)

Purchase ONE (1). Rebate Limit \$5.

Card is issued by Columbus Bank & Trust Co.



15 **\$5 Rebate**

\$5 in savings!

Inkjet Black or Color Cartridge Refills

Purchase ONE (1). Rebate Limit \$5.



16 Workout Bag & Towel

Buy \$20 of Energizer Batteries,
Get a Workout Bag and Towel by Mail
Rebate Limit ONE (1) Workout Bag and Towel.

Buy \$20⁰⁰ worth of any
Energizer[®] products

and receive a **FREE** by mail

Energizer. Keep Going[®]
Workout Bag & Towel

While supplies last.
Actual bag and towel may vary.



www.energizer.com

Keep Going[®]

17 \$5 Rebate

\$5 in savings!

Disney Winnie the
Pooh Humidifier

Purchase ONE (1).
Rebate Limit \$5.



18 \$5 Rebate

\$5 in savings!

Walgreens
Cool Mist
UltraSonic
Humidifier,
1.2 Gallon

Purchase ONE (1).
Rebate Limit \$5.



19 \$5 Rebate

\$5 in savings!

Sunbeam Warming
Throw with 3 Settings

Purchase ONE (1).
Rebate Limit \$5.



20 \$5 Rebate

up to **\$10 in savings!**

Wexford® Portable Ceramic Heater or Heater Fan

Purchase ONE (1).
Rebate Limit \$5.

Limit of TWO (2) for up to \$10 in savings



21 \$10 Rebate

up to **\$20 in savings!**

Holmes Pivoting Tower or One Touch Whisper Quiet Heater Fan

Purchase ONE (1).
Rebate Limit \$10.

Limit of TWO (2) for up to \$20 in savings



22 \$10 Rebate

up to **\$20 in savings!**

Wexford® Portable Oil-Filled Radiator or Radiant Heater

Purchase ONE (1).
Rebate Limit \$10.

Limit of TWO (2) for up to \$20 in savings



23 \$10 Rebate

up to **\$20 in savings!**

Lasko Ceramic Tower with Remote or Space Saving Heater

Purchase ONE (1).
Rebate Limit \$10.

Limit of TWO (2) for up to \$20 in savings!



24 \$5 Rebate

\$5 in savings!

Scrubbing Bubbles Automatic Shower Kit

Purchase ONE (1).
Rebate Limit \$5.



25 \$1 Rebate

\$1 in savings!

Glade Carpet & Room Odor Eliminator 32 oz., Candle 4 oz., Glass Scents .28 oz., PlugIns Scented Oil Refills .71 oz., PlugIns Refill 3 Pack, Scented Oil Candles Holder 1 oz., Scented Oil Candle Refills 1.5 oz.

Purchase ONE (1).
Rebate Limit of FOUR (4) for up to \$4 in savings!



26 \$1 Rebate

\$1 in savings!

Ultra Tuf Trash Bags, 10 to 36 Pack, 13 to 39 Gallon

Purchase ONE (1).
Rebate Limit \$1.



27 \$20 Rebate

\$20 in savings!

Simply Rest Twin or Queen Size Air Bed

Purchase ONE (1).
Rebate Limit of TWO (2)
for up to \$40 in savings!



28 \$2 Rebate

\$2 in savings!

Glade Wisp Flameless Candle, .26 oz.

Purchase ONE (1).
Rebate Limit \$2.



29 \$5 Rebate

Buy \$15 in KRAFT
participating products

GET \$5
back by mail!



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- NABISCO 100 Calorie Packs Cookies, Crackers and Granola Bars 4.2 - 8.4 oz.
- NEWTONS Fruit Crisps 8 oz.
- WHEAT THINS Crackers 9 - 10 oz.
- SNACKWELL'S Cookie & Cookie Cakes 6.75 - 7.75 oz.
- SOUTH BEACH LIVING™ High Protein Cereal Bars
- LIV ACTIVE Chewy Granola Bars 6.15 oz.
- PLANTERS NUT*rition Mixes 9 - 9.75 oz.
- CRYSTAL LIGHT Drink Mix 2.10 oz.
- CRYSTAL LIGHT On-The-Go Drink Mix 1.4 oz. - 1.86 oz.
- TRISCUIT Crackers 8.5 - 9.5 oz.
- OREO Sugar Free Cookies 6.75 oz.



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Television series airing Sunday mornings
on Lifetime Television

30 \$5 Rebate

\$5 in savings!

Buy \$10 in CocoaVia
Chocolate Bars,
5 Pack, Get \$5 Back
by Mail



Rebate Limit \$5.

31 \$1.50 Rebate

\$1⁵⁰ in savings!

Electrasol Gelpacs,
20 Pack or Jet Dry,
8.45 oz.



Purchase ONE (1).
Rebate Limit \$1.50.

32 \$3 Rebate

\$3 in savings!

Airwick Lumin Air
Flameless Candle



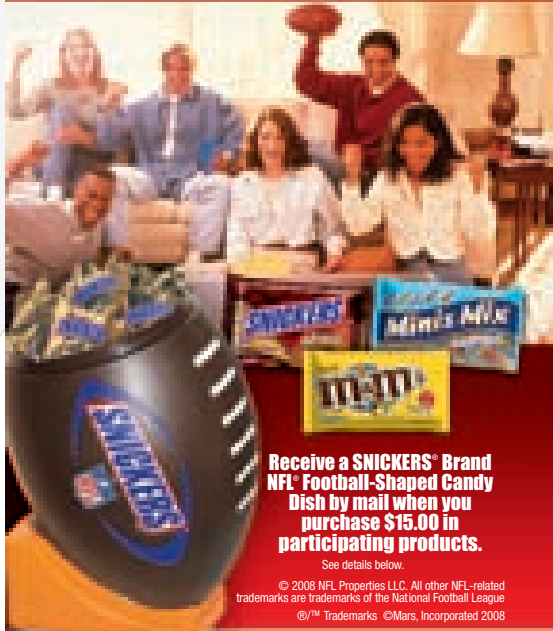
Purchase ONE (1).
Rebate Limit \$3.

Page 50



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33 FREE Candy Dish

Buy \$15 of Mars Minis, 8 to 21 oz. or M&M's
Bag Candy, 9.9 to 14 oz. Get an NFL Candy
Dish by Mail

Rebate Limit ONE (1) Candy Dish.

Page 51

34 **\$5 Rebate**

\$5 in savings!



Pine Mountain Crackle or Superlogs, 6 Pack

Purchase ONE (1). Rebate Limit \$5.

35 **\$2 Rebate**

\$2 in savings!

Peak Ready Use
Antifreeze, 1 Gallon

Purchase ONE (1).
Rebate Limit \$2.



36 **\$30 Rebate**

up to \$60 in savings!

Polaroid I835 or
I1035 Digital Camera

Purchase ONE (1).
Rebate Limit \$30.

Purchase ONE (1) of each for
up to \$60 in savings!



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Life is today life easier.

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& receive a \$10 coupon
good towards the purchase of

Walgreens Nicotine Transdermal System Patches™ 14 pk.



Quitting is hard. Walgreens can help:

- By registering online you'll get customized support with our exclusive quit smoking program
- The Nicotine Transdermal System doubles your chances of quitting when compared to quitting cold turkey*
- Upon purchase of a Walgreens nicotine replacement 14 pack patch, also get a \$10 Register Reward good toward your next in-store purchase of a Walgreen's 14 pack patch**

Do not use if you continue to smoke, chew tobacco, use snuff, use nicotine gum or use nicotine patch or other nicotine containing products

*Based on nicotine replacement therapy studies vs. placebo

**Restrictions may apply. See store for details. Offer good 12/28 thru 1/31/09

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save 2
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Save \$2 when you buy
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Pants or Youth Pants.*

Excludes Promotional Pricing.



* Second Pack must be of the same item.
Offer redeemed instantly at register.

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Try this month's recipe.



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healthcorner
America's Healthiest TV Show™

CRAB AND PUMPKIN BISQUE

Preparation Time: 10 minutes | Cooking Time: 15 minutes
Servings: 4 | Calories: 157 per serving | Percent from Fat: 32%

Ingredients:

- 1 tablespoon unsalted non hydrogenated margarine, such as Smart Balance
 - 1 large leek, white and light green part thinly sliced (3/4 cup)
 - 1 (15 oz.) can pumpkin puree, such as Libby's brand
 - 2 1/2 cups low salt chicken broth
 - 1/2 teaspoon ground cardamom
 - 1/8 teaspoon cayenne pepper
 - 6 oz. lump crabmeat
 - 1/4 cup drained, thickened nonfat yogurt, such as Fage
- Optional garnishes: toasted pumpkin seeds, dried cranberries**

Preparation: Melt margarine in a large heavy saucepan over medium-high heat. Add leek and cook, stirring frequently, until golden brown, 6 to 8 minutes. Transfer to a small bowl and set aside. Add pumpkin, broth, cardamom and cayenne pepper to same saucepan, mixing well. Bring to a boil over high heat. Reduce heat and simmer uncovered 5 minutes. Stir in crabmeat and heat through. Ladle into shallow bowls and top with yogurt and reserved leeks. Garnish as desired.

Substitutions: Curry powder may replace the cardamom and a (6 oz.) pouch refrigerated white crabmeat (such as Blue Star brand) may replace the lump crabmeat.

Nutritional Analysis: Total fat (g): 6; Fat calories (kc): 53; Cholesterol (mg): 35; Trans fatty acids (g): 0; Saturated fat (g): 2; Polyunsaturated fat (g): 1; Monounsaturated fat (g): 2; Fiber (g): 3; Carbohydrates (g): 14; Sugar (g): 5; Protein (g): 14; Sodium (mg): 470; Calcium (mg) 105

For more recipes and tips, visit Healthcorner.walgreens.com

Walgreens



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- Body Mass Index
- Blood Pressure
- Cholesterol
- Bone Density
- Waist Circumference

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A Step Ahead

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How to Live a Longer, Healthier Life with Diabetes

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- **Know your diabetes numbers and what they mean:**
 - A1C, blood pressure, cholesterol and microalbumin
- **Know how to get and keep your numbers in a healthy range:**
 - Take your medicines as prescribed by your provider
 - Follow a healthy eating plan and be physically active most days of the week
 - Check your blood glucose levels with a meter
 - Make and keep appointments with your healthcare team

Make your plan today!



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For more tips on living a healthy life with diabetes, visit [Walgreens.com/joslin](https://www.walgreens.com/joslin)